

Douglas M. Johnson DMD

Family Dentistry
ORTHODONTICS & COSMETIC DENTISTRY

After Care Instructions

Crowns

Crown Preparation

- ◆ The tissue around the crown preparation may be tender and slightly swollen for a day or two after the initial appointment. It is not unusual to have some sensitivity to hot, cold, or sweets following your crown preparation. And you may find a rough area at the edge of your temporary crown.
- ◆ We recommend warm saltwater rinses 2x daily if your tissue is especially irritated. Avoid extreme hot and cold temperatures and foods that are hard or sticky, that may dislodge your temporary crown.
- ◆ Cleaning around the temporary crown is critical to the healing of the tissue around your crown preparation. Gently brush and floss 2x daily to remove plaque.
- ◆ If your temporary crown comes off you may place it back on using a bit of Vaseline inside the crown or call the office for an appointment to have the temporary crown re-cemented. If you experience severe pain or swelling following the crown preparation, you should call.

Placement of Your Permanent Crown

- ◆ It is not unusual to have some sensitivity to cold following the placement of your permanent crown. You may also experience some tissue tenderness and we suggest continuing your warm saltwater rinses for about 3 days. If the sensitivity and tenderness continues for more than two weeks contact our office. If it feels like you are hitting high on the crown you should call for appointment to have the crown adjusted.
- ◆ Meticulous cleaning of your crown is vital to its longevity. The area where the crown meets the tooth (the margin) is vulnerable to decay and must be kept free of plaque. Thoroughly brush and floss 2x daily to remove plaque from around crown. To prevent damaging or fracturing your crowns, avoid chewing hard foods, ice or other hard objects.
- ◆ Regular visits to our office for cleanings, X-rays, and exams are necessary to monitor the health of your natural teeth and crowns.

When in doubt, call us. Your comfort and care is our top priority. We're always available – even evenings and weekends – so call us at (541) 928-5414 (Albany) or (503) 394-3345 (Scio).